REVIEW

Understanding SARS-CoV-2-Mediated Inflammatory Responses: From Mechanisms to Potential Therapeutic Tools

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Abstract
Currently there is no effective antiviral therapy for SARS-CoV-2 infection, which frequently leads to fatal inflammatory responses and acute lung injury. Here, we discuss the various mechanisms of SARS-CoV-mediated inflammation. We also assume that SARS-CoV-2 likely shares similar inflammatory responses. Potential therapeutic tools to reduce SARS-CoV-2 -induced inflammatory responses include various methods to block FcR activation. In the absence of a proven clinical FcR blocker, the use of intravenous immunoglobulin to block FcR activation may be a viable option for the urgent treatment of pulmonary inflammation to prevent severe lung injury. Such treatment may also be combined with systemic anti-inflammatory drugs or corticosteroids. However, these strategies, as proposed here, remain to be clinically tested for effectiveness.

The newly emerging coronavirus, severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2), causes fatal acute respiratory disease (ARD) resembling that of SARS-CoV (Chen *et al.* 2020; Guan *et al.* 2020; Huang *et al.* 2020). The pathophysiology for SARS-CoV-2 has not been well studied, but likely resembles that of SARS-CoV; the acute lung injury caused by SARS-CoV infection mainly results from aggressive inflammation initiated by viral replication (Wong *et al.* 2004). Similar to SARS-CoV infection, SARS-CoV-2 infection also causes increased secretion of

IL-1β, IFN-γ, IP-10, MCP-1, IL-4, and IL-10 (Huang *et al.* 2020). In addition, compared with non-ICU (intensive care unit) patients, ICU patients with severe disease had higher plasma levels of IL-2, IL-7, IL-10, GCSF, IP-10, MCP-1, MIP-1A, and TNF-α, suggesting a possible cytokine storm associated with disease severity (Huang *et al.* 2020). Nevertheless, the causes of these exuberant inflammatory responses in SARS-CoV-2 infection remain largely unknown. In this review, we attempt to discuss and summarize possible mechanisms of SARS-CoV-2-mediated inflammatory responses (Fig. 1). In addition, given that uncontrolled pulmonary inflammation is likely a leading cause of fatality in SARS-CoV-2 infection, we also attempt to speculate possible therapeutic interventions that may be applied to attenuate inflammatory responses in order to reduce mortality (Fig. 2).

Inflammation Caused by Rapid Viral Replication and Cellular Damage

Previous studies have shown that SARS-CoV predominantly infects airway and alveolar epithelial cells, vascular endothelial cells, and macrophages. In addition, SARS-CoV viral particles and viral genome have been detected in monocytes and lymphocytes (Gu *et al.* 2005). SARS-CoV-2 uses the same entry receptor, angiotensin-converting

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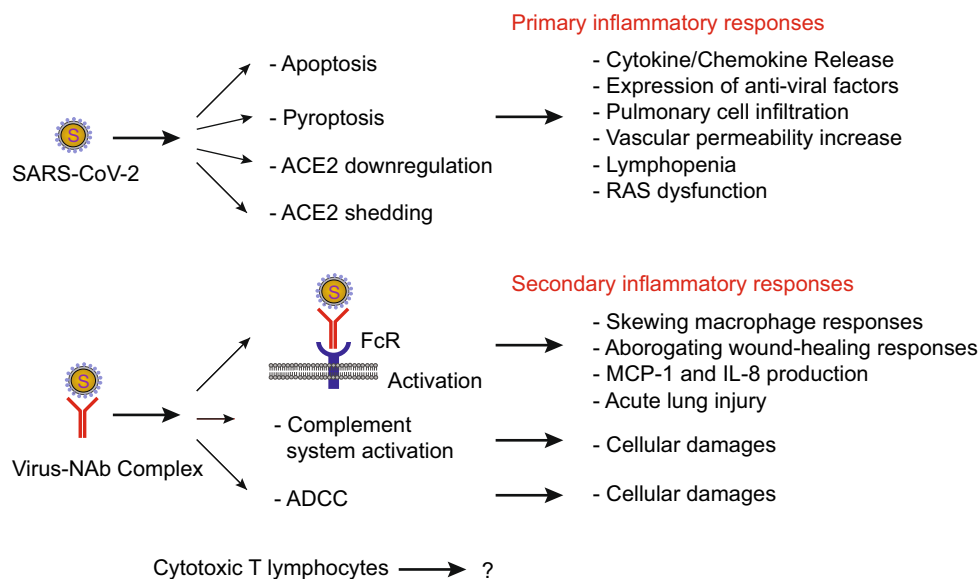
Fig. 1 Possible mechanisms of SARS-CoV-2-mediated inflammatory responses. Based on previous studies of SARS-CoV, we separate the inflammatory responses in SARS-CoV-2 infection into primary and secondary responses. Primary inflammatory responses occur early after viral infection, prior to the appearance of neutralizing antibodies (NAb). These responses are mainly driven by active viral replication, viral-mediated ACE2 downregulation and shedding, and host antiviral responses. Secondary inflammatory responses begin with the generation of adaptive immunity and NAb. The virus-NAb complex can also trigger FcR-mediated inflammatory responses and acute lung injury.

enzyme 2 (ACE2), as SARS-CoV for infection, suggesting the likelihood of the same set of cells being targeted and infected (Zhao *et al.* 2020; Zhou *et al.* 2020). The early onset of rapid viral replication may cause massive epithelial and endothelial cell apoptosis and vascular leakage, triggering the release of exuberant pro-inflammatory cytokines and chemokines (Yang 2020). In addition, SARS-CoV-2 infection may also cause pyroptosis in macrophages and lymphocytes (Yang 2020). A vast majority of patients (82.1%) have been found to experience SARS-CoV-2-induced peripheral blood lymphopenia (Guan *et al.* 2020), suggesting possible pulmonary infiltration of lymphocytes and/or cell damage through apoptosis or pyroptosis (Huang *et al.* 2020). In SARS-CoV infection, viroporin 3a has also been shown to trigger the activation of NLRP3 (NOD-like receptor protein 3) inflammasome and the secretion of IL-1β in bone marrow-derived macrophages, suggesting the induction of cell pyroptosis (Chen *et al.* 2019), which can cause the release of large amounts of proinflammatory factors (Fink and Cookson 2005).

Inflammation Caused by Virus-Induced ACE2 Downregulation and Shedding

ACE2-associated lung injury has been suggested in SARS-CoV infection (Imai *et al.* 2008; Kuba *et al.* 2005); SARS-CoV S protein can downregulate ACE2 (Glowacka *et al.*

2010; Wang *et al.* 2008), and induce the shedding of catalytically active ACE2 ectodomain (Haga *et al.* 2008; Jia *et al.* 2009; Lambert *et al.* 2005). Loss of pulmonary ACE2 function has been suggested to be associated with acute lung injury (Imai *et al.* 2005, 2008; Kuba *et al.* 2005, 2006); the reduction in ACE2 function can cause dysfunction of the renin-angiotensin system (RAS) and enhance inflammation and vascular permeability. In a murine ARD model, loss of ACE2 expression resulted in enhanced vascular permeability, increased lung edema, neutrophil accumulation, and diminished lung function (Imai *et al.* 2005). In addition, in human airway epithelia, ACE2 is constitutively shed by the action of disintegrin and metalloprotease 17 (ADAM17, also known as TNF-α cleavage enzyme, TACE) to release enzymatically active soluble ACE2 (sACE2) (Lambert *et al.* 2005). Both SARS-CoV infection and inflammatory cytokines such as IL-1β and TNF-α can enhance ACE2 shedding (Haga *et al.* 2008; Jia *et al.* 2009; Lambert *et al.* 2005). The biological function of sACE2 remains largely unknown. However, SARS-CoV S protein-induced ACE2 shedding has been found to be tightly coupled with TNF-α production in cell culture conditions (Haga *et al.* 2008). Intriguingly, the S protein from another coronavirus, HNL63-CoV, does not induce ACE2 shedding, although the virus also binds to ACE2 to mediate NHL63-CoV entry (Haga *et al.* 2008). HNL63-CoV infection only causes the common cold, suggesting a potential pathogenic role of sACE2 in SARS-CoV infection. These previous studies suggest that sACE2
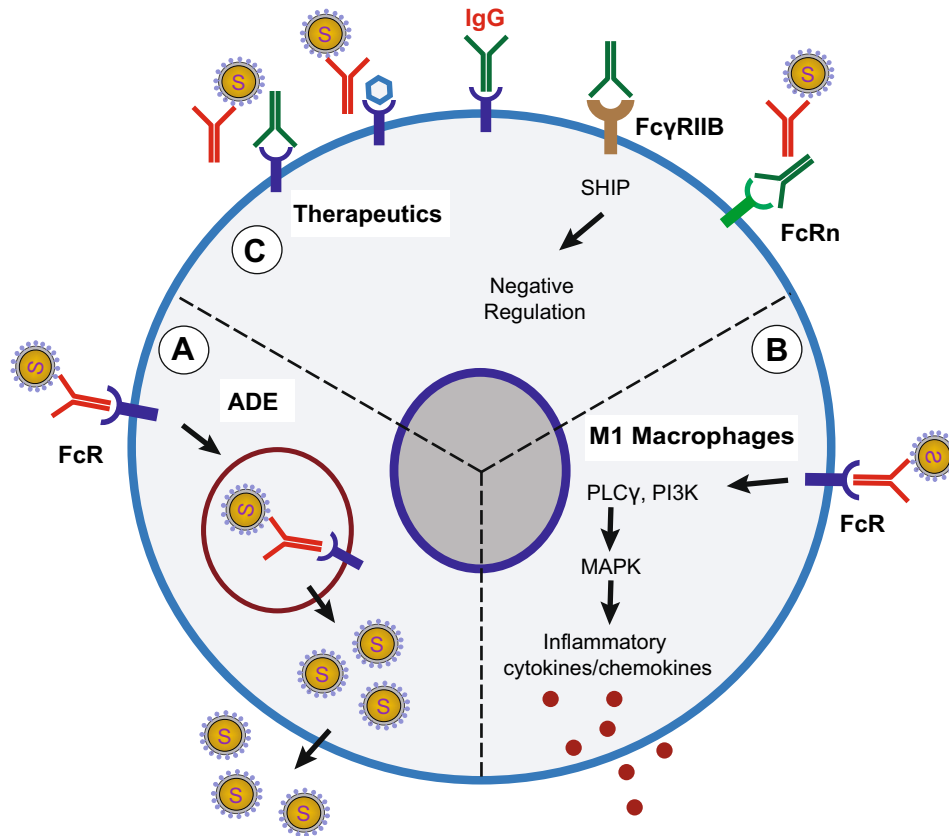
Fig. 2 Fc receptor-mediated antibody-dependent enhancement (ADE) of viral infection and inflammatory responses. **A** ADE occurs when antiviral neutralizing antibodies cannot completely neutralize the virus. Instead, the virus-NAb complex attaches to the Fc receptor (FcR), leading to viral endocytosis and infection of the target cells. The outcome is an increase in the overall replication of the virus and greater disease severity. **B** Virus-NAb complex binding to FcR can also activate proinflammatory signaling, skewing macrophage responses to the accumulation of proinflammatory (M1 or classically activated) macrophages in lungs. The M1 macrophages secrete inflammatory cytokines such as MCP-1 and IL-8, leading to lung injury. **C** Potential therapeutics based on targeting the Fc receptors to block SARS-CoV-2-induced inflammatory responses. From left to right, FcR can be blocked using anti-Fc specific antibodies, small molecules, or intravenous immunoglobulin (IVIG). The inhibitory FcR, FcγRIIB, may also be targeted to inhibit FcR activation. The FcRn can also be blocked by specific antibodies or inhibited competitively through IVIG binding.

may be directly involved in the inflammatory responses of SARS-CoV, and possibly SARS-CoV-2 as well.

Inflammatory Responses Induced by Anti-Spike IgG (Anti-S-IgG)

Antiviral neutralizing antibodies play an important role in viral clearance. However, previous studies in animal models have shown that in SARS-CoV infection, such anti-S protein-neutralizing antibodies (anti-S-IgG) can also cause severe lung injury by altering inflammatory responses (Liu *et al.* 2019). In SARS-CoV/macaque models, it has been found that S-IgG present in infected lungs can facilitate severe lung injury; in these SARS-CoV S protein-vaccinated Chinese macaques, acute lung injury was more pronounced than in unvaccinated control animals that showed only minor to moderate lung inflammation (Liu

et al. 2019). Consistent with this observation, adoptive transfer of purified anti-S-IgG-neutralizing antibody (i.v. injection) to macaques, despite the fact that it reduced viral loads following subsequent challenge with SARS-CoV$_{PUMC}$, led to acute diffuse alveolar damage in all infected animals, whereas in the control group (injected with non-specific IgG), only minor to moderate inflammation in the lungs was observed (Liu *et al.* 2019). This animal study suggests that despite viral suppression, the presence of anti-spike protein antibody at the acute stage of SARS-CoV infection can actually cause severe acute lung injury that persists until the late stages. Similar observations of SARS-CoV vaccine-induced pulmonary injury have also been reported in multiple animal models using mice and African green monkeys (Bolles *et al.* 2011; Clay *et al.* 2012; Tseng *et al.* 2012).

Results from these animal studies also appear to mirror some of the clinical observations in SARS-CoV infected

patients: the development of acute respiratory disease coincides with antiviral IgG seroconversion in 80% of patients (Peiris *et al.* 2003). In addition, it was found that patients who developed the anti-S-neutralizing antibody faster had a higher chance of dying from the disease; it took an average of only 14.7 days for the deceased patients to reach their peak levels of neutralizing antibody activities, as opposed to 20 days for the recovered patients (Zhang *et al.* 2006).

The mechanisms of the anti-S neutralizing antibody-induced inflammation and lung injury remain only partially understood. It has been proposed that the presence of S-IgG prior to viral clearance alters the functional polarization of alveolar macrophages in acutely infected macaques. Anti-S-IgG can promote proinflammatory monocyte/macrophage accumulation and the production of MCP-1 and IL-8 in the lungs. Such anti-S-IgG-initiated proinflammatory responses appear to be mediated through the binding of the virus-anti-S-IgG complex to the Fc receptors (FcR) present on monocytes/macrophages, as FcR blockade reduces the production of inflammatory cytokines (Liu *et al.* 2019). It is also possible that such a virus-anti-S-IgG complex may additionally activate the classical pathway of the complement system, leading to cellular damages, although this has not been investigated. Alternatively, antibody-dependent cell-mediated cytotoxicity (ADCC) may also be involved.

A major question in SARS-CoV-induced pulmonary disease is why a small percentage of patients, particularly those who produce neutralizing antibody early, experience persistent inflammation, ARD, and eventually succumb, while other patients survive the inflammatory responses and clear the virus. We speculate that a possible underlying mechanism may be related to antibody-dependent enhancement (ADE) of viral infection that occurs in some patients with early, sub-optimal antibody activity that cannot completely clear the virus, but instead leads to persistent viral replication and inflammation (Fig. 2). ADE is a well-known virology phenomenon that has been demonstrated in the infections of multiple viruses such as dengue, flavivirus, and influenza virus (Halstead and O'Rourke 1977; Haslwanter *et al.* 2017; Ochiai *et al.* 1992; Takada *et al.* 2003; Takada and Kawaoka 2003). ADE promotes viral cellular uptake of infectious virus-antibody complexes following their interaction with FcR or other receptors, leading to enhanced infection of target cells (Halstead and O'Rourke 1977; Haslwanter *et al.* 2017; Ochiai *et al.* 1992; Takada *et al.* 2003; Takada and Kawaoka 2003). Thus, interaction of FcR with the virus-anti-S-IgG complex may facilitate both inflammatory responses and persistent viral replication in the lungs of some patients (Fig. 2).

Given that there are very few mechanistic studies on inflammatory responses in SARS-CoV infection, we focus only on discussing limited mechanisms that might be involved. For the convenience of further discussion of potential therapeutics, here we separate SARS-CoV-mediated inflammatory responses into two different stages (Fig. 1): the primary response and the secondary response. Primary inflammatory responses occur early after viral infection, prior to the appearance of neutralizing antibodies (NAb). These responses are mainly driven by active viral replication, viral-mediated ACE2 downregulation and shedding, and host antiviral responses, which can lead to increased cytokine/chemokine production and cellular damage through apoptosis and/or pyroptosis. Most patients can tolerate primary inflammatory responses with a positive outcome of viral load reduction or even viral clearance, followed by receding of inflammation. Secondary inflammatory responses begin with the generation of adaptive immunity and the appearance of NAb that further diminish viral replication. However, as described above, the appearance of NAb can also trigger FcR-mediated inflammatory responses and cause severe lung injury. In SARS-CoV infected patients, the appearance of antiviral IgG coincides with the onset of acute respiratory disease in 80% of patients (Peiris *et al.* 2003). A possible underlying mechanism is likely antibody-dependent enhancement (ADE) of viral infection that leads to persistent viral replication and inflammatory responses from macrophages.

Given that most patients can survive primary inflammatory responses, we mainly focus on discussing secondary inflammatory responses that frequently lead to fatality. There are several potential therapeutic approaches that may be applied or developed (Fig. 2). These approaches focus primarily on blocking FcR receptor to prevent virus-NAb complex binding to FcR to trigger inflammatory responses (Nimmerjahn and Ravetch 2008a, c). First, FcR can be blocked by specific antibodies to inhibit its activation. Small-molecule inhibitors can also be developed to interact with the Ig-binding domains of FcR to block FcR activation. Second, the inhibitory FcR, FcγRIIB, may also be targeted to inhibit FcR activation. Several FcγRIIB specific antibodies are now being developed for potential use as novel immune suppressors (van Mirre *et al.* 2004; Veri *et al.* 2007). Third, FcR activation can also be inhibited by targeting the neonatal Fc receptor (FcRn), which is essential for extending the half-life of IgG. Antibody or small molecule-mediated blockage of FcRn can prevent IgG interaction with FcRn, which can decrease circulating IgG levels (Nimmerjahn and Ravetch 2008b). In addition, intravenous immunoglobulin (IVIG) can be used to saturate the IgG recycling capacity of FcRn and proportionately reduce the levels of antiviral NAb. IVIG

can also competitively block the binding of antiviral NAb to other FcRs (Kurlander and Hall 1986).

Although we mainly focus on strategies targeting virus-NAb complex binding to FcR, it is possible that the virus-NAb complex may also initiate inflammatory responses through the classical pathway of the complement system, which may be blocked through C5- and C5a-targeted inhibition (Horiuchi and Tsukamoto 2016).

In sum, at present, there is no effective antiviral therapy for SARS-CoV-2 infection, which frequently leads to fatal inflammatory responses and acute lung injury. Here, we discuss the various mechanisms of SARS-CoV-mediated inflammation. We also assume that SARS-CoV-2 likely shares similar inflammatory responses. Potential therapeutic tools to reduce SARS-CoV-2-induced inflammatory responses include various methods to block FcR activation. In the absence of a proven clinical FcR blocker, the use of intravenous immunoglobulin to block FcR activation may be a viable option for the urgent treatment of pulmonary inflammation to prevent severe lung injury. Such treatment may also be combined with systemic anti-inflammatory drugs or corticosteroids. However, these strategies, as proposed here, remain to be clinically tested for effectiveness.

Compliance with Ethical Standards

Conflict of interest The authors declare that they have no conflict of interest.

Animal and Human Rights Statement This article does not contain any studies with human or animal subjects performed by any of the authors.

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